

COSS Initial/Re-cert

Course Aims

The aim of the course is to provide delegates with the skills and underpinning knowledge required to undertake Controller of Site Safety (COSS) duties in line with the Controller of Site Safety unit of competence.

Primary Objectives

At the end of the training the delegate will be able to:

- Demonstrate their ability to interpret correctly relevant parts of the Rule Book, Handbooks and relevant Network Rail Specifications when acting as COSS
- Demonstrate their understanding and ability to set up a Safe System of Work before they or any group of staff is allowed to go “On or Near the Line”
- Deliver a safety briefing, with the opportunity to demonstrate and practice during the course

Duration

Initial - 5 Days, 8 delegates max

Re-cert – 3 Days, 8 delegates max

Pre-Requisites

Delegates

- Must be a minimum age of 18
- Meets the entry requirements of PTS competence
- Good level of literacy required
- Must hold a valid Sentinel Track Safety Card and meet the requirements of NR/L2/CTM/021 – Competence and Training in Track Safety
- Meet the medical requirements of Network Rail Standard NR/L2/OHS/00124 Competence Specific Fitness Medical Requirements
- Meet the requirements of Network Rail Standard NR/L1/OHS/051 (Drugs & Alcohol)
- The Pre-COSS workbook and the Sponsor must register the completion of the Pre-COSS workbook with Sentinel

Should you have any questions/enquiries regarding this course, please fill out the form at the bottom of the Training page on the [Stobart Rail & Civils website](#) and will we endeavour to respond to you as soon as we can.