

## **IWA**

### **Course Aims**

The aim of the course is to provide delegates with the skills and underpinning knowledge required to undertake Individual Working Alone duties in line with the Individual Working Alone unit of competence.

### **Primary Objectives**

At the end of the training the delegate will be able to:

- Carry out recertification of the delegate's Personal Track Safety Competence
- To enable suitably qualified staff to carry out the Duties of an Individual Working Alone as set out in; HB6, HB8, HB9, HB13, the Rule Book GE/RT 8000 Series and competence requirements of NR/L2/CTM/021 and NR/L2/OHS/019

### **Duration**

Initial - 3 Days, 8 Delegates Max

Re-cert – 2 Days, 8 Delegates Max

### **Pre-Requisites**

#### **Delegates**

- Must hold a valid Sentinel Track Safety Card and meet the requirements of NR/L2/CTM/021 – Competence and Training in Track Safety
- Meet the medical requirements of Network Rail Standard NR/L2/OHS/00124 Competence Specific Fitness Medical Requirements
- Meet the requirements of Network Rail Standard NR/L1/OHS/051 (Drugs & Alcohol)
- It is the responsibility of delegates local manager to decide upon their suitability to attend this course, in accordance with the current issue of NR/L2/CTM/021 – Competence and Training in Track Safety.

**Should you have any questions/enquiries regarding this course, please fill out the form at the bottom of the Training page on the [Stobart Rail & Civils website](#) and will we endeavour to respond to you as soon as we can.**